

Granite State Track and Field



Dear Recreation, Professional,

Granite State Track & Field is a program of NHRPA and sponsored by many businesses around the state. We are excited to announce that after two long years we are moving back to in person Regional and State Meets! ***The fee per athlete this year has been increased to \$6. This will help us offset some of the cost to run the program and ensure that we do not have to scale back this program in future years.*** Granite State Track and Field consists of two District Meets and a State Final Meet. This year the two District Meets will be held on Saturday, June 18th at Spaulding High School, Rochester, NH and Monadnock Park Track, Claremont, NH, and the State Final Meet is at Winnisquam High School, Tilton, NH on Friday, June 24th. This informational packet includes specific information about the program, and an explanation of the on-line registration procedures. You **must** register your team with Direct Athletics following the registration directions included in this packet. **Registration deadline is 6/8– changes can be made until 6/15**

The District Meets will begin with a parade of athletes at 9:30 am. **Each community is not limited to how many entries in each event at the District Meet.** Please see listed below for the number of events each athlete may participate in at the District and State Meets. From the District Meet, athletes may qualify for the State Final Meet. **The State Final participants will be the top four finishers in each event for each age group and gender.**

If you are a coach and you have an athlete place in the top four at the District Meet, that individual will automatically earn a slot at the State Final Meet. If for any reason that athlete cannot make it, **it is your responsibility to let the meet director know as soon as possible.**

All District Meet results will be merged and all slots will be filled, and athletes will be contacted. If you are a coach and you have a fifth or sixth place finisher at the district meet, you should know if they will be available for the State Final, and you should be sure that all of the registration information is correct including the athletes telephone number and email. You must be available via email in the event that we want to add one of your athletes. This will allow the maximum number of athletes to participate in the State Finals. The finals will be held at Winnisquam High School on Friday, June 24th at 4:00 pm. District Meets usually finish by 3:00pm, and the State Finals are a class act which should only last a few spectacular hours.

Athlete Participation:

- Athletes may compete in one (1) field event and two (2) running events and the relay; or two (2) field events and one (1) running event and the relay for a total of four events
- 11 & 12, 13 & 14 year olds will do the Running Long Jump instead of Standing Long Jump

The mission of the Granite State Track and Field Program is to provide a quality recreation program where children have fun and are introduced to physical fitness through basic track and field events such as running, jumping, and throwing.

Sincerely,

Donna Kuethe and Paul Coats – co-chairs of GSTF

2022 Granite State Track and Field

Awards

The District Meet we will not be giving the awards to the athletes. We will have all ribbons from the District Meet available at the State Final Meet.

Your part: As the coach you will have to go to the awards table at the State Meet and collect your team's ribbons to pass out to your athletes. If your team does not have any representatives at the State Meet we will coordinate with your local recreation department to ensure your teams awards are received.

Make sure your Kids Count!

It is important to track the children enrolled in the program and not just the children attending the District and State Meets.

Your Part: Submit your participation numbers (numbers of children participating in your program) using this [link](#), which is also available at the [GSTF website](#).

Each participant also needs sign the [online participant waiver form](#).

District Meet Locations

Spaulding High School, Rochester, NH and Monadnock Park Track, Claremont, NH

The location of your team's participation will be determined by our final participation numbers.

NH Granite State Track and Field Administrators need to be certain that our two District Meets are balanced.

Your part: For a general rule of thumb your team will participate in the same meet they have participated in previous years. If this is your first year having a team, contact Paul.Coats@LebanonNH.gov, NH State Co-Chair.

State Meet Location

For those athletes who qualify for the State Final – the state meet is scheduled to be held at Winnisquam High School in Tilton, NH on June 24th with the parade of athletes getting underway at 4:30 pm.

Fundraising

This year, there will be a \$6 per athlete fee to participate in this program.

T-Shirts

Athletes who qualify for the State Final will receive State Finalist Shirts at the State Meet.

Your part: Make sure athletes who qualify for the State Meet receive a shirt at the State Meet. If they cannot attend the State Meet please check with the meet directors to obtain a shirt for them. Please note, if they qualify in more than one event, they will only receive one shirt.

Registration Information

PLEASE DO NOT REGISTER UNTIL MAY 16TH

EXISTING USERS:

If you submitted a team in the past through direct athletics then you are an existing user. Go to www.directathletics.com and please type your user name and password. This needs to be the same info you used in previous years (there is a login help if you forgot). Now skip to **Enter Your Team Roster Information**.

NEW USERS: Set Up An Account by May 14th

1. Go to www.directathletics.com
2. Click the "I'M A COACH" clipboard, then "CREATE COACH ACCOUNT"
3. Fill out the form including: **Email, Sport:** choose "Track and Field", **Team Type** choose "club", **State** choose "New Hampshire", **Country** "United States", then click **Submit**.
4. Enter your "Team Account Information" making sure to record your user name and password information for later use.
5. In **Team Gender** make sure to choose "Men and Women".
6. In the "Meets" drop down menu: Do not do anything with these boxes Click **SUBMIT**.
7. You will then be taken to your team's HOME page within Direct Athletics. Every time you log in you will come to this page.

Contact us to be invited to the meet: Email Chris Benson Chris@sstresults.com with your Direct Athletics Team Name.

ENTER YOUR TEAM ROSTER INFORMATION:

1. The drop down menu lets you choose between "men" and "women". They will have separate rosters.
2. Click **ROSTER** on the top toolbar, then the green "Add" athlete's button. Choose how many athletes of that gender you would like to add. Click **SUBMIT**.
3. "USATF#" and "AAU#" are to be left blank.
4. Enter athlete's **First Name, Last Name, and Date of Birth** (mm/dd/yy). Click **SUBMIT**. Make sure you only have males in the "Men's" roster, and females in the "Women's" roster.

ENTER YOUR ATHLETES INTO EVENTS:

DEADLINE FOR MEET ENTRIES IS Wednesday, June 8th by midnight.

1. Click **SCHEDULE** on the top toolbar.
2. Click the green "Register" button next to your Granite State Regional Meet.
3. Choose an Athlete or Choose a Relay and enter your athletes' events. Click "**update**" after each athlete's entries, otherwise you will lose your entries.
4. **MAKE SURE YOU FOLLOW THE GRANITE STATE GUIDELINES WHEN ENTERING YOUR ATHLETES' EVENTS.**
Softball throw is listed as "Hammer Throw".
5. You are permitted to go back and "Edit" an athlete's events at any time, up to the closing date of **Wednesday, June 15 at 5:00PM.**
6. Please enter an athlete's preliminary entry marks to ensure they run against athletes of similar speed.

TO PRINT YOUR TEAM ROSTER:

Login to www.directathletics.com with your User Name and Password

1. Click **ROSTER** on the top tool bar.
2. Your roster will appear along with your athlete's birthdates.
3. Click the 3 dots on the top right on your Internet toolbar, or wherever your browser's print option is located. Or CTRL P.
4. Click "Print" to print this page

Granite State Track and Field



Born in 2012-2013 (Boys 9-10) <ol style="list-style-type: none">1. 50 Meter Dash2. 100 Meter Dash3. 200 Meter Dash4. 400 Meter Dash5. 4 x 100 Meter Relay *6. Standing Long Jump7. Softball Throw	Born in 2012-2013 (Girls 9-10) <ol style="list-style-type: none">1. 50 Meter Dash2. 100 Meter Dash3. 200 Meter Dash4. 400 Meter Dash5. 4 x 100 Meter Relay *6. Standing Long Jump7. Softball Throw
Born in 2010-2011 (Boys 11-12) <ol style="list-style-type: none">1. 100 Meter Dash2. 200 Meter Dash3. 400 Meter Dash4. 800 Meter Run5. 4 x 100 Meter Relay *6. Running Long Jump7. Softball Throw	Born in 2010-2011(Girls 11-12) <ol style="list-style-type: none">1. 100 Meter Dash2. 200 Meter Dash3. 400 Meter Dash4. 800 Meter Run5. 4 x 100 Meter Relay *6. Running Long Jump7. Softball Throw
Born in 2008-2009 (Boys 13-14) <ol style="list-style-type: none">1. 100 Meter Dash2. 200 Meter Dash3. 400 Meter Dash4. 800 Meter Run5. 1600 Meter Run6. 4 x 100 Meter Relay7. Running Long Jump8. Softball Throw	Born in 2008-2009 (Girls 13-14) <ol style="list-style-type: none">1. 100 Meter Dash2. 200 Meter Dash3. 400 Meter Dash4. 800 Meter Run5. 1600 Meter Run6. 4 x 100 Meter Relay7. Running Long Jump8. Softball Throw

Participant will compete in age group according to their age on December 31, 2022